



Step #3 Goals

Let's make a GOAL!

There are two types of goals, short term and long term.

Long term goals are defined by where you want to be in the future, maybe one to five years from now. Short term goals are what you want to accomplish in the present. What you hope to achieve today, tomorrow, or even this week.

Making goals is a great way to stay focused. Be sure to make realistic and achievable goals. Making a goal to talk to a certain number of people this week, for example, will help you stay on track and ultimately reach the level of success that you desire.

Remember: How do you eat an elephant? One bite at a time!

S.T.A.R.T.

